KEY FACTS

- Tobacco kills 8 million people annually.
- 69 of the chemicals in tobacco smoke cause cancer.
- 30% of Jamaicans have used tobacco

Causes Illness, Death and Impoverishment

- Tobacco use causes cancer and respiratory ailments.
- In Jamaica, tobacco use is higher among the less educated.
- Tobacco use hinders economic development

Second-hand Smoke Kills

Second-hand smoke fills public spaces when people burn tobacco products.
- There is no safe level of exposure to second-hand tobacco smoke.
- 67% of Jamaican teens have been exposed to second-hand smoke.

Cigarettes and E-Cigarettes

- 15% of Jamaicans smoke cigarettes.
- E-cigarettes contain toxic and addictive substances.
- E-cigarette use is linked to heart and lung disease

Heated Tobacco Products (HTPs)

Produce aerosols when tobacco is heated
- HTPs are no less harmful than conventional tobacco products.

Electronic Nicotine Delivery Systems (ENDS)

ENDS heat a solution to create an aerosol which is inhaled.
- ENDs may explode or result in accidental nicotine poisoning.

For more information, please contact
The Programme Officer, Tobacco Control Project
c/o The Heart Foundation of Jamaica / Jamaica Coalition for Tobacco Control
28 Beechwood Avenue, Kingston 5, Jamaica
Tel: 876-926-4378 ext 268 • www.heartfoundationja.org