What you should know about Obesity and Cancer

Overweight and obesity are major risk factors for a number of chronic diseases, including type 2 diabetes, cardiovascular diseases and certain types of cancer.

Did you know?
Overweight and obesity can increase your risk of:

- MOUTH, PHARYNX AND LARYNX CANCER
- POST-MENOPAUSAL BREAST CANCER
  # 2 cause of cancer deaths in Jamaica;
  # 1 most frequent cancer in women in Jamaica
- GALL BLADDER CANCER
- PANCREATIC CANCER
- OVARIAN CANCER
  # 8 cause of cancer deaths in Jamaica
- ADVANCED PROSTATE CANCER
  # 1 cause of cancer deaths in Jamaica
  # 1 most frequent cancer in men in Jamaica
- COLORECTAL CANCER
  # 5 cause of cancer deaths in Jamaica

Sources:
Jamaica Health & Lifestyle Survey III 2016-2017