

SWITCH IT UP. DRINK HEALTHY

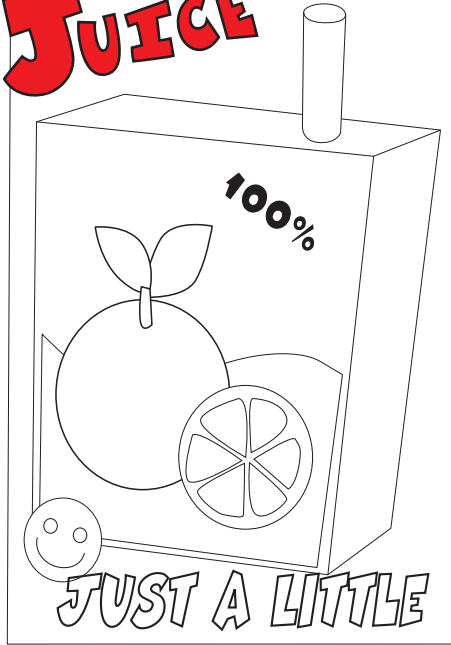
Colour the drawings and learn what to drink to be healthy.

SUGARY DRINKS



NO THANKS

JUICE



MILK



WATER



For more information, please contact The Heart Foundation of Jamaica
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